


Bursley Academy
 PE Curriculum Overview

PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Balance skills (static)	OAA	Balance skills (obstacles)	Dance (Nursery rhymes)	OAA	Throwing & catching (experimenting with equipment)
	Locomotor skills	Throwing & catching (experimenting with equipment)	Locomotor skills	Ball skills (roll, catch & throw)	Sports Day practice	Multi-skills
Reception	Balance skills (static balance with self and equipment)	OAA	Balance skills (obstacles)	Dance (Nursery rhymes)	OAA	Throwing & aiming (experimenting with equipment)
	Locomotor skills	Throwing & catching (experimenting with equipment)	Locomotor skills	Ball skills (roll, catch, throw & kick)	Sports Day practice	Multi-skills
Year 1	OAA	Balance skills- Yoga (static & dynamic)	Dance (story telling-fairy tales)	OAA	Sports Day practice	Team Games (co-operative activities)
Stoke City Led	Locomotor skills through games	Throwing & catching (basic handling)	Stoke: Gymnastics- explore apparatus Teacher: Individual floor routines	Ball skills & games (roll, catch, throw, kick & dribble)	Athletics (technique focus- running & jumping)	Team games (attacking and defending)
Year 2	Balance skills- Yoga (static & dynamic)	Dance (Actions to words)	OAA	Team Games (Co-operative activities)	Sports Day practice	OAA
Stoke City Led	Locomotor skills through games	Throwing & catching (basic handling plus movement)	Stoke: Gymnastics- explore apparatus Teacher: Individual floor routines with basic apparatus	Ball skills & games (roll, catch, throw, dribble, kick & bounce)	Athletics (technique focus- running & jumping)	Team games (attacking and defending)
Year 3	OAA	Team building games	Dance (Actions to words)	OAA	Sports Day practice	Striking & Fielding (Kick rounders)
Stoke City Led	Invasion Games (attacking & defending- end zones)	Target games (Boccia and Tri-golf)	Stoke: Gymnastics- explore apparatus Teacher: partnered floor routines	Invasion sports (Tag-Rugby, Football and Handball)	Athletics (technique focus-running jumping & throwing)	Striking & Fielding (Cricket)
Year 4	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Y4A Y4B	Team building games	Team building games	OAA	Dance (dances from around the world)	Dance (dances from around the world)	OAA
Stoke City Led	Invasion Games (attacking & defending- end zones)	Target games (Boccia and Tri-golf)	Stoke: Gymnastics- explore apparatus Teacher: partnered floor routines with apparatus	Invasion sports (Tag-Rugby, Football and Handball)	Sports Day practice	Striking & Fielding (Cricket)
Year 5	Dance (Morris Dancing)	OAA	Invasion Sports (Handball)	Target games (Indoor Kurling and Archery)	OAA	Striking & Fielding (Longball & Danish Longball)
Stoke City Led	Invasion Sports (Netball)	Invasion Sports (Hockey)	Stoke: Gymnastics- explore apparatus Teacher: group floor routines with apparatus	Net Sports (Tennis)	Sports Day practice	Striking & Fielding (Rounders)
Year 6	OAA	Dance (Jive)	Target games (Indoor Kurling and Archery)	Invasion Sports (Basketball)	Sports Day practice	OAA
Stoke City Led	Invasion Sports (Netball)	Invasion Sports (Hockey)	Stoke: Gymnastics- explore apparatus	Net Sports (Tennis)	Athletics	Striking & Fielding (Rounders)